

12/10/94

Dear Mr Upshall

We have written to you in the past telling you what a glorious time we had at the Bellevue Gymnastics Gym, a lovely city and your Gymnastics was one the best organized of any we've attended and we've been to many when it was held in Welles-Bare that was sore of like my home town. We lived in Kingston across the River when first came to the U.S. back in 1928, I was 14 then now I'm 80 as of last August. I have one request Mr Upshall, as of now we have not received our

Gymnastics Tapes, should we be concerned? I thought I read in Y Dwyer they were supposed to be mailed out by the end of November, if you could look into this for us we'd greatly appreciate it. We are still Reliving our lovely days to MT Rainier, we had never been in the Pacific North West before and you were Right, the weather was beautiful

NADOLIO KAWENA
BLWYDDYN NEWYDD DDA
Sincerely
Benjamin J Roman



The whole affair
was fabulous

Thanks
Paula & David

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Ken Knight, Mgr.

to all on the Puget Sound Welsh Assn
1994 planning group for Cymawfa -

CONGRATULATIONS!

What a stellar event and success.
Particularly the organization - one
smile led to another all weekend.
Thank you!! Fitz Jennings

PS: Have you finished your naps?

Army 1
Catrete at Allan, Oct. 2nd,



Cyfrachion @
Vancouver Hope

you are now
in the States. I can speak
from experience -
knowing you tried to
was after being
champion of the
1980 Gynanfa. My
apologies for not writing
sooner - she has been on 3
times to fly to UK tomorrow
Oct 3, 11. I went to West
B.C. Then a trip through
Fraser Canyon Kamloops
Meritt to Penticton a had
lovely time with friend
in super weather. Then
the 3rd trip in perfect weather
to Whistler, staying at
North Mountain side
Lodge Hotel - very good
place. I sincerely hope
your home will let
of Congratulation
Mikes etc. on your
20th birthday 1994 National

'Brella Prints FOR FRAMING

COAL HARBOUR, Vancouver, British Columbia
Vancouver's Coal Harbour, as seen from Stanley Park,
is home to thousands of small pleasure craft. In the
background can be seen Canada Place and one
of the Alaska Cruise ships.

Published by Dominion Films (1983) Canada Ltd., Vancouver, B.C.



Do not write below this line

Gynanfa Gyaru Belleue - I
know how hard you worked to
have you spent in preparation etc.

Made in Italy by
KINA Italia,
Milan, Italy
BP-263

Golden 'Brelka' Prints FOR FRAMING



The result was wonderful

Gymnasts, Concert, Banquet, Opening Night Seminars etc. etc. were outstanding - the best concert we have ever had at a National

I am more than delighted that you are the Trustee representing the West Coast. I could not believe it possible that you would not represent us. I write a cord pair to two to Mrs Wiggats - there were many new inventions - you'd gymna - who! but you would have thought of our E-tech project if it was so easy!

STANLEY PARK, TOTEM PARK. Vancouver, British Columbia, Canada. These colourful totems represent a highly sophisticated art form of the West Coast Indians. Each figure symbolizes some aspect of the native culture. In the background is one of the many cruise ships that visit the city on its way out to sea.

Photo by Gordon Marcotte

Made in Italy by KINA Italia Milan, Italy

GBP-218

You have my address phone No. - I expect you to visit me & stay at least a few days. I know when one has family it can be difficult. Anyway give it a try. One can't be too sure. Love you all. Gwen first.

Do not write below this line

49. YR AFON GWY, UWCHDIROEDD CYMRO A LLANFAR YM MUALLT
THE RIVER WYE, CAMBRIAN MOUNTAINS AND BULTH WELLS

LLUN/PHOTO: © LIZ FLEMING-WILLIAMS

Mr Eric J. Bowen
1473 Crestview Rd.
Ferndale, WA 98248

19USA



Dear Alan,

17 SEP 1994

Congratulations on an excellent and successful
Gymanfa, to you + all who made it happen.
It was truly a high point in the lives of
all who attended. You've been an inspiration
& I look forward to working with you on
next year's regional gymanfa.

Thanks also for the
certificate, which I've put
on prominent display

Rob hwyyl

Eric

Mr Alan Uphall
7049 NE 163 RD ST
BOTHELL WA 98011

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EDMONTON'S C. N. TOWER
Edmonton, Alberta

Success, He
V3S5K4

This 25 storey office building is the first project in the Edmonton Civic Centre Redevelopment Scheme and will be completed in December, 1965.



ST. BY PROVINCIAL NEWS CO., EDMONTON, ALBERTA



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ADDRESS

DR. R. LAWRENCE

7

KIRKLAND.

WASHINGTON.

98033

U. S. A

Amwyl Rhidian: Bar mil
diolch am y cwsawid cafun
pan weddys in Kirkland - We
were and are very grateful for your
welcome ALWAYS - And naturally
extend to you a Welcome here too -
BUT. Jeff our Grandson is still with
us and is likely to be around for a
few weeks yet. The Gymnasts was
just SUPERS - evidence of much work
and WELL ORGANISED INPUT - by persons
who know what it's all about. Extend to
Alan our Congrats on a job w/ done.

Photo by Denton Ranson

S-1287

Trust the friends of
your labor will be rewarded with a good bank profit. Amen & Ellen

Sorry you couldn't make it up to our
Fall Gynaffa - hope we'll see you in the
spring. Thoroughly enjoyed the National
it was a resounding success. Thank you
very much for all the hard work you
put in.

MAY THE JOY AND PEACE OF CHRISTMAS
RING OUT TO YOU AND YOURS

Didn't get to see too much of you - you
were far too important & busy!

Nadolig Llawn a Blwyddyn
Newydd Dda

Don & Liz.

Truly wonderful, a feast for our poor ears,
something to remember & treasure. *Tracy & Barb Williams*
Gabriola, B.C. ¹⁹⁸⁰

This was my 1st gymnafa game and hopefully not
my last. Hearing the stories about my father and
his chums was an experience. Thanks for a
great weekend. Gwyneth Crook

Y ^{ANOS} Tom and Margaret Lewis of 7 West-end
Beaumaris - SIR-VON - CYMRU. (near a
part of the UK. Our best wishes.

HOGIA SIR FEN Iddwal brook MANY THANKS
THE GYMANFA WAS SUPERB!

Dolch y Fawr Iawn!!!
Ted & Lill.

To dear Greta and Alan

The Beaumaris Anglesey Grammar
School Class of 1939-1945 very much
appreciate and enjoyed the kind
welcome we were all given in Seattle.
Our Reunion and the memorable
Seattle Gymnafa will always remain a
very very happy memory when we all
return to our various homes.

Bill & Bethan Williams, Beaumaris, Wales
David Ogwenydd Jones San Diego Ex Beaumaris

To ANNE AND GRETA.

Thinking of You
and Hoping
That This Christmas
is filled
with Wonderful Moments
Warm Memories,
and the Gentleness of Peace

Fondest best wishes
Kathy + Neelke Thomas
Absolutely enjoyed the symfa.
Thanks so much for your
labours - it was truly a great
occasion. Everyone from
Vancouver speak so highly of
the event and you both your efforts.